



Good Morning everyone,  
warmest greetings from the Manse today. Although there is no reflection this Sunday I nevertheless wanted to write a brief letter to let you know how things are shaping up and give intimation of some of the things going on in the life of the church even though we are still living under restriction. The subsequent pages after this letter have the intention of doing just that.

As you will have read or heard on the TV news bulletin or First Minister's Daily Briefings, things are well underway to see us emerge from the lockdown story caused by the Covid-19 pandemic and while we are not there yet we can see the journey through this dark tunnel coming to an end and the light of normal will be something we can now tangibly see within our grasp.

It will be my intention to keep the written reflections running not on a weekly basis but on a monthly rota beginning next Sunday. I recognise that this has allowed many who are unable to come to church to be able to re-engage with church and keep up to date with what is happening and the monthly Reflections will aim to continue to do just that. Our written reflections however could only ever be a poor second best to being in Church and as the restrictions become more relaxed and we are able to meet together in person( dare I say it - without any masks), we will be able to do that which we love to do the most - Give thanks to God in Praise and Worship, spending time with God's People in Fellowship and seeking to be the Church in this part of the Vineyard we call Giffnock.

The only other thing I would want to say is that there are a number of folks who have been so helpful throughout this protracted period of time and to them I would want to say a very big thank You for all you have done and continue to do.

Finally let me wish you God's blessing for the week to come and if you can manage, it would be lovely to see you in church for our Prayer and Reflection service at 11 am on Sunday Mornings.

With best wishes  
Calum D. Macdonald



## Calling all Knitters and Crocheters

This summer a Scottish Charity called SiMBA (Simpson Memory Box Appeal) has put a plea out for 5,000 tiny bears to be knitted or crocheted by 31st July. These tiny bears will be put into a Memory Box which is given to parents whose baby has sadly died in the early stages of pregnancy, up to around 14weeks.

The bears are around 6cm tall and take about 5 grams of wool to knit. Once knitted/crocheted you embroider a face and sew front and back together shaping two ears as you go. I found it easy - once I had made the first pair. They can be any colour EXCEPT pink or blue and please make them in matching pairs tied together when complete. One bear will stay with the baby, the other goes home with the parents.

There are some paper copies of the pattern printed in black and white on the table in the foyer as well as being attached to this intimation. You can find a colour version of the pattern on our web page (<https://parkchurch.org.uk/>) by clicking on the weekly messenger box.

Once completed please drop off your bears in the box on the table in foyer or can be dropped off when you bring your donation to the food bank or on a Wednesday afternoon 2-3.30pm when the gardening gang will be around in the garden, unless it's raining.

For more information on the work of the charity please go to [www.simbacharity.org.uk](http://www.simbacharity.org.uk)

Thank you

Isobel Watson

**(NB There are copies of the Bear Pattern on the following pages if you cannot access the website)**



## Small Crochet Bear

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Requirements: 2.75 mm hook

Any DK wool

Please knit in matching pairs

Finished size: 6-8 cm tall

They are fine without any stuffing as they are so tiny

1. Start here at the bottom of the right arm, Chain 2 + 1 turning chain (3ch) turn.
2. Now do 4 rows of 2 single crochets for the arm. Don't forget the turning chains, to keep the teddy's straight line.
3. When you have finished the 4 rows for the arm, chain 6 + 1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back 8 stitches.
4. For the left leg chain 7 + 1 turning chain to the right. The whole row consists out of 2 chains for the arm + 6 chains for the head + 7 chains for the leg = 15 chains altogether. Do now 3 rows of single crochets over these 15 chains. Don't forget the turning chain.
5. In this row just do 11 single crochet.
6. Then chain 4 + 1 turning chain for the right leg. Again do 3 rows of single crochets 15 stitches
7. In this row just do 8 single crochets + 1 turning chain. Turn your work.
8. Now do 4 rows of single crochets over the 2 arm chains.
9. Do one extra row of single crochets to fold your work over later on. (for sewing up)
10. The second part of the bear has to be done in the same way. Start at point 2
11. If you have reached point 8 for the second time then your next part is finished.
12. To finish the bear, fold your work in half and sew around. Leave the top of the head open, turn your work inside out, add features to face, close the seam of the head. Pull a piece of yarn through the neck and pull it tight to give it a nice shape. Form the ears, fix them with a few stitches. Add a ribbon, small crochet chain or a piece of wool as a scarf. Place around the bears neck and tie in a bow.
13. Now your teddy is finished.
14. Please tie identical pairs together loosely.

## Small Knitted Bear

Requirements : 2./5mm (UK12) knitting needles

Any DK wool

Please knit in matching pairs

Finished size: 6-8 cm tall

They are fine without any stuffing as they are so tiny

Every row knit – Garter stitch

To knit teddy (whole teddy knitted in one piece)

**Leg 1** Cast on 4st and work 8 rows - break yarn.

**Leg 2** Cast on 4st and work 8 rows

**Body** Knit across all 8st

Knit 3 more rows

**Arms** Cast on 4st at beginning of next 2 rows (16 sts)

Work 4 rows

Cast off 4st at beginning of next 2 rows (8 sts)

**Head** Work 22 rows on 8st

**Arms** Cast on 4st at beginning of next 2 rows (16 sts)

Work 4 rows

Cast off 4st at beginning of next 2 rows (8 sts)

**Body** Knit across all 8st

Knit 3 more rows

**Legs** Work on first 4st only, work 8 rows. Cast off.

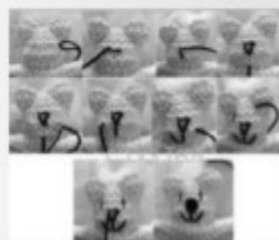
Return to remaining 4 stitches and work 8 rows. Cast off.

### Making Up

To finish the bear, embroider the face. Sew front and back of bear together. Sew across corners of the head to form ears. Add a ribbon, small crochet chain or a piece of wool as a scarf. Place around the bears neck and tie in a bow.

Please tie identical bears loosely together.

\*Please note that we have been given permission by The Tigerlily Trust to use and share this pattern for SiMBA use only\*



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# ANNOUNCEMENTS



**Many thanks  
from all at Carnwadric Church  
For your Support with our  
Foodbank**

# ANNOUNCEMENTS

## **A Date to look forward to in the Diary**

On Sunday 4<sup>th</sup> July 2021 we will look forward to the pleasure of the Ian and Nastasha Sanford and their new born daughter Skye on the occasion of her Baptism that Sunday.



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# ANNOUNCEMENTS

The Flowers in Church this morning were donated by Mr Eric Rahim in fond Memory of his wife Edith



When Coming to Church Please remember to Phone in for Track and Trace purposes To reserve your place please phone Bert or Sandra Dickov on 01413168143 or 07947611412